

# **ELLIOT D. COHEN, PH.D.**

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## **DEGREE:**

Ph.D., Philosophy, Brown University

## **DIRECTORSHIPS**

**Executive Director and Co-founder, National Philosophical Counseling Association** (formerly American Society for Philosophy, Counseling and Psychotherapy), 1992-present  
[www.npcassoc.org](http://www.npcassoc.org)

**President, Institute of Critical Thinking**  
National Center for Research, Training, and Clinical Practice of Logic-Based Therapy  
([www.instituteofcriticalthinking.com](http://www.instituteofcriticalthinking.com))

## **CURRENT TEACHING/ADMINISTRATIVE**

**Professor of Philosophy**, Indian River State College, 1989-present.

**Adjunct Professor of Clinical Ethics**, Department of Medical Humanities and Social Sciences, Florida State University College of Medicine, Regional Campus, Fort Pierce, FL 2009- present

**Chair, Department of Humanities**, Indian River State College, 1999-present.

## **EDITORSHIPS**

**Editor-in-Chief & Founder**, *The International Journal of Applied Philosophy*

**Editor**, *International Journal of Philosophical Practice*

## BLOG

“What would Aristotle do?” [Psychology Today](#), 2009-

## SELECTED PUBLICATIONS IN LOGIC-BASED THERAPY, COUNSELING THEORY, AND PRACTICE

### BOOKS:

- *Theory and Practice of Logic-Based Therapy: Integrating Critical Thinking and Philosophy into Psychotherapy*  
Cambridge Scholars Publishers, 2013
- *Philosophy, Counseling, and Psychotherapy*  
Cambridge Scholars Publishers, 2013
- *The Dutiful Worrier: How to Stop Compulsive Worry without Feeling Guilty*, New Harbinger, May 2011  
*Korean Edition*, 2012  
***Chinese Edition, 2013***
- *Critical Thinking Unleashed*, Rowman & Littlefield, 2009
- *The New Rational Therapy: Thinking Your Way to Serenity, Success, and Profound Happiness*, Rowman & Littlefield, 2007  
Chinese Edition, PsyGarden Publishing Co, 2012
- *What Would Aristotle Do? Self-Control through the Power of Reason*, Prometheus Books, May 2003.
- *Philosophers at Work: An Introduction to the Issues and Practical Uses of Philosophy*, Second Ed., Harcourt Brace, 2000.  
1<sup>ST</sup> Edition, Holt, Rinehart, and Winston, 1989.

- *The Virtuous Therapist: Ethical Practice in Counseling & Psychotherapy* (with Gale S. Cohen), Brooks Cole/ Wadsworth, 1999.
- *Caution: Faulty Thinking Can Be Harmful to Your Happiness, Logic for Everyday Living*, Second Edition, Trace-WilCo, 1994.  
Self-Help Ed., 1992  
Third Edition, Cengage 2003
- *Making Value Judgments: Principles of Sound Reasoning*, Robert E. Krieger, Inc., 1985.

### **ARTICLES / BOOK CHAPTERS:**

- “The New Rational Therapy for the 21<sup>st</sup> Century: Putting Philosophy to Work in Psychology”  
*Journal of Nanjing University* (Philosophy, Humanities and Social Sciences) No 4, 2013
- “The Future of Cognitive-Behavioral and Rational-Emotive Behavior Therapy,” in Jon Carlson and W. Knaus, *Albert Ellis Revisited* (Routledge, 2013)
- “Is Perfectionism a Mental Disorder,” *International Journal of Applied Philosophy*, Vol 26.2, Fall 2012.
- “Logic-Based Therapy and It’s Virtues,” in Cohen & Zinaich, “Philosophy, Counseling, and Psychotherapy” (Cambridge Scholars)
  - “Relieving your Can’t-stipitation: Some Potent Philosophical Enemas,” *Practical Philosophy*, July 2008
  - “Metaphysical Insecurity,” *Practical Philosophy*, Spring 2008
  - “Albert Ellis’ Philosophical Revolution: A Memoriam Address Presented to the American Psychological Association (San Francisco, August 17, 2007),” *International Journal of Applied Philosophy* (Fall 2007).
  - “Absolute Nonsense: The Irrationality of Perfectionistic Thinking,” *International Journal of Philosophical Practice*

(forthcoming)

- "The New Rational Therapy: A Response to Martin," *International Journal of Applied Philosophy* (Spring 2007).
- "The Metaphysics of Logic-Based Therapy" REBT Network <http://www.rebtnetwork.org/library.html> (Chinese Trans. *Journal of Anhui Normal University* (2013))
- "Logic-Based Therapy: The New Philosophical Frontier for REBT" Albert Ellis Foundation <http://www.rebtnetwork.org/essays/logic.html>
- "Conceptualizing the Professional Relationship in Drug User and Alcohol Misuser Counseling," in John Kleinig & S.Einstein (Eds.), *Intervening in Drug Use: Ethical Challenges*, Office of Criminal Justice, Huntsville, TX, (2006)
- "Critical Thinking, Not Head Shrinking," Peter Raabe, Ed., *Philosophical Counseling and the Unconscious* (Trivium Publications, 2005)
- "Lethal Sex: Conditions of Disclosure in Counseling Sexually Active Clients with HIV," *International Journal of Applied Philosophy* (Spring 2004)
- "The Process of Logic-Based Therapy," *Pratiche Filosofiche* (Fall 2003)
- "Philosophical Principles of Logic-Based Therapy," *Practical Philosophy* Vol 6.1 (Spring 2003)
- "Critical Thinking Beyond the Academy: Using Interactive Software to Help Students Cope with Problems of Living," *The Successful Professor*, Spring 2002.
- "Permitted Suicide: Model Rules for Mental Health Counseling," *Journal of Mental Health Counseling* (July 2001).
- "Permitting Suicide in Philosophical Counseling," *International Journal of Philosophical Practice* (Vol.1.1, 2001)
- "Permitting Suicide of Competent Clients in Counseling: Legal and Moral Considerations," *International Journal of Applied*

*Philosophy*, Vol. 14 No. 2, 2000.

- "Counselors Who Teach and Teachers Who Counsel: Conflicts of Interest in Psychological and Philosophical Counseling," M. Davis and A. Stark, eds., *Conflict of Interest and the Professions*, Oxford University Press, 2001.
- "Conflict of Interest in Psychological Counseling," *Perspectives* (Illinois Institute of Technology), 1998.
- "Confidentiality, HIV, and the ACA New Code of Ethics: The 'Contagious, Fatal Diseases' Rule," *Journal of Mental Health Counseling*, 1998.
- "Philosophical Counseling: A Computer-Assisted, Logic-Based Approach," *Inquiry: Critical Thinking Across the Disciplines*, Vol. 15, No.2, Winter 1995.
- "Ethical Standards in Counseling Sexually Active Clients with HIV," *Directions in Clinical Psychology*, Vol. 4, Numbers 9-12, Summer 1994. Also in W. Odets and M. Shernoff, eds., *The Second Decade of AIDS: A Mental Health Practice Handbook*, Hatherleigh Press, 1995. Also in *Ethics in Therapy*, Hatherleigh Press, 1997.
- "What Would A Virtuous Counselor Do? Ethical Problems in Counseling Clients Who Have HIV," *AIDS: Crisis in Professional Ethics*, Temple U. Press, 1994.
- "Philosophical Counseling: Some Roles of Critical Thinking," *Essays in Philosophical Counseling*, Ed. Ran Lahav, University Presses of America, 1995.
- Syllogizing RET: Applying Formal Logic in Rational-Emotive Therapy," *Journal of Rational-Emotive Therapy*, Vol. 10, No. 4, Winter 1992.
- "Logic, Rationality and Counseling," *International J. of Applied Philosophy*, Vol 5, No. 1, Spring 1990.
- "Confidentiality, Counseling, and Clients Who Have AIDS: Foundations of a Model Rule," *Journal of Counseling and Development*, American Counseling Assoc., Jan./Feb. 1990.

- "The Philosopher As Counselor," *Philosophers at Work*, Holt, Rinehart, and Winston, 1989.
- "Detecting Prejudice in the Counseling Process," *International J. of Applied Philosophy*, Vol. 4, No. 2, Fall 1988.
- "The Use of Syllogism in Rational-Emotive Therapy," *Journal of Counseling and Development*, American Counseling Association, Sept. 1987, Vol. 66.

## **CODES OF ETHICS**

American Society for Philosophy, Counseling, and Psychotherapy, *Standards of Ethical Practice* (drafted code)  
<http://www.aspcp.org/Standards.pdf>

American Counseling Association, *Contagious, Fatal Diseases Rule, B.1.d* (drafted rule), *Code of Ethics* 1995