**7th International Conference on Philosophical Counseling & Practice**

**Live ZOOM Conference**

**February 21-23, 2025 (US Eastern Standard Time)**

Speaker List

FRIDAY, FEB. 21, 2025

**8:55 am Welcoming Remarks**

Samuel Zinaich, Jr.

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**9:00 am-10:30 am**

# Chair:

Speaker: Chhandasi Kalamkar and Sanjyot Utekar, “Emotional Management in teenagers:- An Integrated approach through Bhagavad Gita and Seneca's Stoicism.”

Speaker: Walter Menezes, “Therapeutic Cuisines and Mindfulness: Expounding the Significance of Philosophical Counseling in Wellness Tourism.”

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**10:30 am-12:00 pm**

Chair:

Speaker: Laurențiu Staicu, "Reasoning about emotions in PC".

Speaker: Radha Sunkale, “Exploring Ikigai and Kaizen philosophies through the lens of LBT and career counseling.”

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**12:00 pm-1:30 pm**

Chair:

Speaker: Aleksejs Beloglazovs, “Being-in-a-Game: A Phenomenological Bridge Between Life and Counseling.”

Speaker: Ana Balan, “Empowering Through Care: Integrating Logic - Based Therapy and Compassion - Focused Therapy to Combat Oppression."

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**2:00 pm-3:30 pm**

Chair:

Speaker: Krisztina Fitu (Baricz), “Enhancing Children's Well-Being Through Logic-Based Therapy: A Structured Intervention Framework.”

Speaker: Lukas A. Svihura, “Counseling with Rorty: On Self-Creation through Redescription.”

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**3:30 pm-5:00 pm**

Chair:

Speaker: Antonio Fadda, "Critical thinking and Value investigation as means of defense against Cognitive Warfare: how can philosophical practice give its contribution?"

Speaker: Shawn Douglas, “Enhancing Phenomenological Specificity in Logic-Based Therapy's Virtues and Vices Framework.”

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**5:00-6:30 pm**

Chair:

Speaker: Barbara Norman, “What in the World is going on?”

Speaker: Ross Channing Reed, "Leisure, Recreation, Addiction, and the Techno-precarious Performance Society."

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**6:30-730 pm**

**PRESIDENTIAL ADDRESS:**

Chair: Samuel Zinaich, Jr.

Speaker: Elliot D. Cohen, Executive Director, NPCA

“The Psycholinguistics of Self-Talk in LBT: Overcoming Self-Destructive Speech Acts”

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SATURDAY, FEB. 22, 2025

**9:00-10:30 am**

Chair:

Speaker: Xinyuan Li, “What’s it like to be transgender, and what does it mean for philosophical counseling.”

Speaker: Tejashwini Havannavar and Charuta Kulkarni, “Analysing Narcissistic Personality traits through LBT framework.”

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**10:30 am-12:00 pm**

Chair:

Speaker: Mohit Gohil: “Bridging Ancient Wisdom and Modern Counseling: Integrating Vedanta Philosophy with Logic-Based Therapy for Culturally Inclusive Psychological Practice.”

Speaker: Guy du Plessis, “Philosophy as a Way of Life and Logic-based Therapy”

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**12:00 pm-1:30 pm**

Chair:

Speaker: Florin Lobont, “Empowering Critical Minds: Metacognition and Logic-Based Therapy for Deconstructing Totalitarian Narratives within Students’ Communities of Philosophical Inquiry.”

Speaker: Aarohi Mhatre, “Logic-Based Therapy and the Philosophy for Children/Communities’ 4C.”

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**1:30-3:00 pm**

Chair:

Speaker: Marian Tataru, "The Flexibility of Logic-Based Therapy Across Contexts.”

Speaker: Ines Skelac, "Ethical Considerations in Philosophical Counseling."

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**3:00-4:30 pm**

Chair:

Speaker:

Speaker: Martha Lang, “Updated Practical Theory and Model of Well-Being, from EARN to LEARN.”

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**4:30-5:30 PM**

**KEYNOTE ADDRESS:**

Chair: Elliot D. Cohen

**Speaker**: Maria Tillmanns “The Iceberg of Philosophical Practice”

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**5:30 pm-7:00 pm**

Chair:

Speaker: Bill Knaus, “Self-Mastery Through Storytelling: Bridging Ancient Wisdom and Modern Mental Health Solutions.”

Speaker: Kristin Drake, “Moral Responsibility and Mental Health: A Philosophical Approach.”

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SUNDAY, Feb. 23, 2024

**9:00-10:30 am**

Chair:

Speaker: Anca-Cornelia Tiurean, “Becoming My Own Socrates: Conceptualization Exercises in Philosophical Practice.”

Speakers: Imi P. Y. Lo, "Leadership Philosophies in Ancient Texts: A Comparative Analysis of Meditations and Daodejing."

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**10:30-12:00 am**

Chair:

Speaker: Theodora Papathanasopoulou, “The Platonic Allegory of the Cave as a tool for the modern philosophical counselor.”

Speaker: Adriana Milarez, "Philosophical practice, an antidote for anxiety in the LGBTQ community.”

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**12:00-1:30 pm**

Chair:

Speaker: Angelo Manassero, “Logic-Based Therapy in Business: Overcoming Anxiety, Depression, and Burnout in Private Sector Employees”

Speaker: Himani Chaukar, “Integrating Logic-Based Therapy with Meditative Practices for Compassion Fatigue: A Case Study.”

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**1:30 – 3:00 pm**

Chair: Elliot Cohen

Speaker: Sijin Yan: “Achievement Society, Self-Damnation, and the Therapeutic Value of Kierkegaardian Despair.”

Speaker: David Sumiacher D'Angelo

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**3:00-3:45 pm**

Speaker: Miren Camison, “Listening and Interiority I Philosophical Dialogue”

3:45-4:00 pm

Closing Remarks

Elliot D. Cohen